

DPS JV Football Practice Schedule

Dress Out	2:40pm-2:50pm
Warmups	2:50pm-3:00pm
Water Break	3:00pm-3:05pm
Defense Period	3:05pm-3:20pm
Water Break	3:20pm-3:25pm
Offense Period	3:25pm -3:40pm
Special Teams / Dismissal	3:40pm-3:50pm

DPS Varsity Football Practice Schedule

Warmups	3:30pm-3:40pm
Special Teams	3:40pm-3:50pm
Water Break	3:50pm-3:55pm
Defense Period	3:55pm-4:15pm
Water Break	4:15pm-3:20pm
Offense Period	3:20pm-3:40pm
Dismissal/Clean up	3:40pm-3:45pm