







CHECK YOUR MOOD

Parent Informational Night

- Learn about the warning signs of depression and understand depression is a treatable illness
- Provide parents information on how they can help their student
- Learn the "ACT" (acknowledge, care and tell) message, to promote safety and help-seeking behaviors

UPCOMING EVENTS

English and Spanish Presentations: Wednesday, December 5th @ 6:00pm

Location: PAC at DPS

For questions or more information please contact Rachael Caires at

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