



CALIFORNIA STUDENT MENTAL HEALTH WEEK

May
Mental
Health
Awareness
Month

MAY 9TH - MAY 13TH, 2022

"BE THE RAINBOW IN SOMEONE'S CLOUD"

MONDAY
WEAR RED



TO SHOW THAT YOU TAKE CARE
OF YOUR MENTAL HEALTH!

TUESDAY
WEAR YELLOW



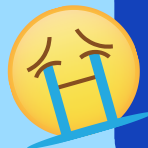
TO SHOW YOUR FELLOW PEERS
HOW MUCH YOU CARE!

WEDNESDAY
WEAR PURPLE



TO POWER THROUGH THE BUMPS!

THURSDAY
WEAR BLUE



TO ACKNOWLEDGE THAT IT'S
OKAY TO FEEL THE BLUES!

FRIDAY
WEAR GREEN



TO CELEBRATE THE IMPORTANCE
OF MENTAL HEALTH!



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MENTAL HEALTH WEEK